



# Gillam Grant Community Center

NEWSLETTER SPRING 2024

GILLAMGRANT.ORG

## 34th ANNUAL GILLAM-GRANT GOLF TOURNAMENT



# June 14, 2024

10:00 am Registration - 11:00 am Scramble

At **LeRoy Country Club**

7759 E Main Rd, Le Roy, NY 14482





Includes:  
**18 Holes of Golf with Cart  
 Lunch and Buffet Dinner**

**AWARDS**  
 Champions  
 Men • Women\* • Mixed  
 Longest Drive  
 Men • Women  
 Closest to the Pin  
 Men • Women  
 Anchor Award

Skins ♦ Mulligans  
 Goodie Bags ♦ Tournament Shirt\*\*  
 Raffle Prizes

Contests: Vegas Dice Hole  
 On The Green  
 Pool In The Pond → *Back by popular demand!*

**\$125.00 per person**

\* 3 or more teams required  
 \*\*Shirt size required 3 weeks in advance of tournament.



BEFORE & AFTER

REGISTRATIONS ARE NOW  
BEING TAKEN FOR THE 2024-25  
SCHOOL YEAR

The Kid Zone program runs weekdays from 6:30-8:45am and 2:30-6:00pm. The program is coordinated to offer children in Pre-Kindergarten through 6<sup>th</sup> grade an environment of social, recreational, and instructional opportunity. Kids stay busy through a variety of child-directed activities in a safe and secure environment.

Students have the opportunities to:

- ® Create new things in our Makerspace area
  - ® Discover new books in the book corner
  - ® Enjoy STEM projects
  - ® Explore technology with the computer lab and smartboard
  - ® Enjoy time on the outdoor playground
  - ® Relax playing board or Wii games. Bussing to and from school is provided by BBCS.
- Parent handbooks and registration forms are available at [gillamgrant.org](http://gillamgrant.org).

**Registration Forms Available at GILLAMGRANT.ORG**

Gillam-Grant Community Center - 6966 West Bergen Rd - Bergen NY 14416 - (585) 494-1621

## Social Meals

Social Meals are home style lunches or dinners featuring a program or entertainment. The menu includes coffee, tea, water, or lemonade and dessert. Cost \$13 M / \$18 NM

### Monday, April 8th 5:30pm

Glazed ham, Potatoes au Gratin, green beans  
Entertainment: Dan DeLuca

### Monday, May 6th 5:30pm

Chicken and Biscuits with roasted asparagus  
Entertainment: Jazz Standards with Bob Lancia  
Friends

### Monday, June 10th 12:30pm

BBQ Picnic with Pulled Pork and Picnic Salads  
Entertainment: Bingo & Lawn Games

**Register at [GillamGrant.org](http://GillamGrant.org) or call 494-1621.**  
**Registration and payment to GGCC is required**  
**5 business days prior to the program.**

*\*"This project is made possible with funds from the Statewide Community Regrant Program, a regrant program of the New York State Council on the Arts with the support of the office of the Governor and the New York State Legislature and administered by GO ART!"*

*\*\*This program made possible in part by a grant from the Genesee Senior Foundation Inc. with funds from the Rochester Area Community Foundation's Muriel H. Marshall Fund for the Aging in Genesee County.*

## Red, White and Blue Craft Time

for Seniors

### Tuesday, June 4th 1:00pm

Enjoy an afternoon of painting with Sheila Woodrich as she takes you through the steps to create this whimsical round flag sign. Light snack and beverages will be provided. All supplies



*goArt!*

included.  
\$10M/\$13NM  
Register by May 28th.

## AARP SAFE DRIVING CLASS

### Thursday, April 4th 9:00am-3:30pm

Primary drivers can receive premium & point reduction off insurance. Bring current AARP card.

Bring a lunch, snack & drink. **Limited spots.**

**\$35 AARP Members / \$40 Non-AARP Members**

Service fee included in cost.

## LUNCH CLUB

Once a month go to a restaurant to enjoy lunch and socialize. Transportation leaves the Center at 11:30 am. Lunch is on your own. Fee: \$10M/\$12NM Registration is required.

Date	Location
Tues. Mar. 26, 2024	Flaherty's Three Flags Inn, Webster
Tues. Apr. 23, 2024	Jines, Rochester
Tues. May 21, 2024	Ferrari's Pizza, Chili
Tues. June 25, 2024	Black North Inn, Kent

## Spring Pour Painting for Seniors Tuesday, April 30th - 10:30am

Join us for this fun pour painting class where you will pour over a Flower Pot onto a canvas. Then you will move the paint around on the canvas to create a beautiful pour painting to match your Flower Pot. You will go home with a unique planter for your flowers and a matching pour painting to go on your wall. No experience needed for this painting style. Registration due 1 week prior to class. Fee: \$5M/\$7NM



*goArt!*



## CONTAINER GARDENING\*\*

Thursday, May 23rd 12:30pm  
With Jane Grehlinger from  
Cornell Cooperative Extension

Bring some friends and have a planting party! We will have pots and array of plants and soil available for potting! A volunteer from Cornell Cooperative Extension will join us to share her expertise in Container Gardening.

A light lunch will be provided.

**This program is free for seniors,**  
**but Pre-Registration is required by May 16th.**

## Gillam-Grant Book Club

Led by Sally Capurso and in association with the Byron-Bergen Public Library. Each month you will be given a book to read and then meet at Gillam Grant to discuss with the group. This is a free program, but registration is recommended. Register on-line at [Gillamgrant.org](http://Gillamgrant.org) or call 494-1621.

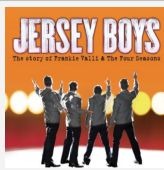
Date	Book of the Month/Author
Thursday, April 18	<u>What You Wish For</u> By Katherine Center
Tuesday, May 14*	<u>Mad Honey</u> By Jodi Piccoult
Thursday, June 20	<u>True Colors</u> By Kristin Hannah





**Broadway Musicals at the Merry Go Round Playhouse**

**Shuttle Departs at 10:00am.**  
We will stop for lunch at Parker's



Grill and Taphouse\* in Auburn (Lunch is on your own). After lunch we will continue on to the Merry Go Round Playhouse for a 2:00 show presented by the Rev Theatre Co. We will arrive home at approximately 6:30pm.  
Fee: \$100M/\$110NM **per trip** includes theater ticket and transportation on the Gillam Grant Shuttle.

**NEWSIES**

**Tuesday, July 23rd**

**A minimum number of travelers is required by April 12th to secure this trip.**

**JERSEY BOYS**

**Thursday, June 20th**

Limited Availability  
Please call the Center to Register.



**June 16-19**  
**4 Days-3 Nights**

This tour includes:

- ◆ Motorcoach transportation
- ◆ 3 nights lodging in an Atlantic City Casino Hotel
- ◆ 4 Meals: 3 breakfasts and 1 dinner
- ◆ A Casino Bonus
- ◆ Spectacular gaming and sight-seeing in Atlantic City
- ◆ Free time to spend in the casino, on the boardwalk or on the beach. The choice is yours.

Full Payment Due by April 9th.

A minimum number of travelers is required, please sign up early.

\$650\*pp/double occupancy.

\*Add \$60 per person for non-members.



**Murder Mystery Cruise on the Canandaigua Lady**  
**Tuesday, July 16th**

**10:30am-3:30pm**

**Cruise Departs at Noon**

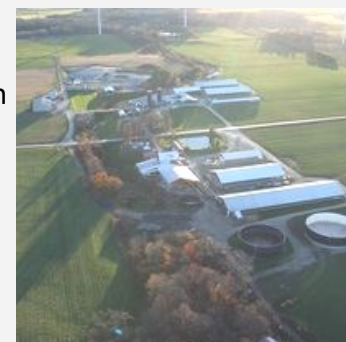
Travel with Gillam Grant to experience some Mystery, Mayhem and Murder on board the Canandaigua Lady. The Authentic Paddle Wheel Boat sets the stage for a devious game of cat and mouse as you search for a killer onboard the boat while cruising on beautiful Canandaigua Lake. You can participate in the mayhem or just sit back and enjoy the show. This cruise includes a sit down lunch. After the performance you will be able to move about the boat to enjoy the beautiful views from Canandaigua Lake.  
Fee: \$110M/\$120NM Register Early, Limited Seating

**Tour of Breezyhill Dairy Farm**

**Thursday, May 30th**

**Shuttle Departs at 8:45am**

Enjoy a covered wagon ride through a State of the Art Dairy Family Farm in Sheldon, NY. During the tour you will learn about local agriculture, tour the milking parlor, visit a calf barn and see many windmills. After the tour enjoy a picnic



lunch under the pavilion while enjoying breathtaking views. Return around 3:00pm

Fee: \$30M/\$35 NM

**Cruise the Erie Canal and Lockport Locks**

**Thursday, August 1st**

**Shuttle Departs at 8:30am**

**Cruise Departs at 10:00am**



This cruise will take you past five of the original 1800's locks. Three million gallons of water will fill Locks 34 & 35, and raise the boat 50 feet. You'll pass under Lockport's "Upside Down Bridge," Lockport's "Big Bridge", through the "deep rock cut" and under lift bridges. Narrated by Coast Guard Licensed Captains. After the cruise we will have lunch at Lock 34 Bar and Grill, then stop for ice cream and arrive at Gillam Grant around 4:00pm.

Trip includes cruise and shuttle transportation.

Lunch and ice cream on your own.

Fee: \$40M/\$45NM

**Del Lago Casino Outings**

**Thursday, April 18th**

**Thursday, June 27**



Grab some friends for a fun day at Del Lago Casino. Shuttle transportation leaves the Center at 9:30am. Enjoy some playing time and lunch on your own. Shuttle departs at 3:00pm.

Fee: \$20.00 M / \$25 NM  
Limited Seating.

**Learn to Play the Ukulele  
FREE at Gillam Grant**  
Offering 2 FREE  
4 week class sessions.

\* goArt!

Mondays 10:30am-11:15am  
Wednesdays 7:00pm-7:45pm

Experience the joy of making music with a group. Mr. Dan DeLuca, an experienced music teacher of over 30 years is the instructor. The Ukuleles and music are provided for every class. Ukulele is a great beginner instrument. A great opportunity to learn ukulele skills, play songs, and enjoy the music-making process. With a little bit of effort, anyone can learn to play the ukulele. Register early as class size is limited.

Session/Dates	Day	Time	Fee M/NM
Session 1: 3/18, 3/25, 4/8, 4/15	Monday	10:30-11:15am	FREE
Session 2: 4/29, 5/6, 5/13, 5/20	Monday	10:30-11:15am	\$28/\$32
Session 1: 3/20, 3/27, 4/17 4/24	Wednesday	7:00pm-7:45pm	FREE
Session 2: 5/1, 5/8, 5/15, 5/29	Wednesday	7:00pm-7:45pm	\$28/\$32

**POUR AND POUR PAINTING**

Friday, March 22nd 6:00pm  
Friday, May 10th 6:00 pm



Pour Painting has become super popular. When acrylic paints along with a pouring medium are used, amazing paintings can be the result! Pouring results in a smooth, glossy paint film that is perfectly even and blemish free. It is particularly popular with beginners as it allows artists to create paintings with dramatic, contemporary results. **We will be using a new technique each class.** Class



includes all materials including two canvases. Grab your friends for a FUN night out. Bring your own snacks and beverages!  
Adult Class 21 and older.  
Registration due one week prior to class.  
\$38 M/\$43 NM per class

\* goArt!

**Laser Cut Wood Crafting**  
Monday, March 25th  
6:00 pm-8:00 pm



Using Laser Cut wood pieces and paint Kimberly Palmer will walk you through each step to create a beautiful spring sign to display or give as a gift. All supplies are included. Adult program. Register by March 20th. Fee: \$35M / \$40NM

**Make Your Own  
Spring  
Doormat**

Friday, April 12th  
6:00-8:00 pm



Spruce up your front porch with this "make your own" doormat project. We provide the blank doormat, stencils and paint and the instructor will give you step by step instructions to create this great spring themed doormat.

Feel free to bring snacks and beverages.  
Fee: \$25M / \$30NM  
Register by April 5th

Make Your Own

**CONCRETE LEAF BIRD BATH**  
Monday, July 8th - 6:00 to 8:00 PM

Creating a concrete leaf shaped bird bath is not just a fun and artistic endeavor, but it also offers numerous captivating benefits for both birds and your garden. These creations can be of many sizes, from smaller to very large depending on the leaf you choose. We will provide the instruction and materials for this project. So, come dive into this exciting project and fashion a DIY concrete leaf shaped bird bath that will truly elevate your outdoor sanctuary. Class will take place under the pavilion. Bring a pair of rubber kitchen gloves. Instructed by Peggy. Adults 18+  
Fee: M \$45 / NM \$50

\* goArt!



**Gillam Grant Membership  
makes a great gift!**

Give your family and friends the opportunity to receive member discounts on their favorite programs. Year long memberships are offered for family, individual and senior levels. **Gift Certificates are also available for programs and activities.**



## Paint With Lorie

**Grades 3-8**  
**3:30-5:00 pm**  
**Tuesday, May 21st**  
**Summer Gnomes!!**



Sign up to create art with local artist Lorie Longhany. Each class will be a new project. Students will bring home fantastic creations, while learning art fundamentals. Fee: \$20M/\$25NM

*\*goArt!*

## LEGO Builder's Night Out!

**Friday, May 31st**  
**6:00pm - 8:30pm**

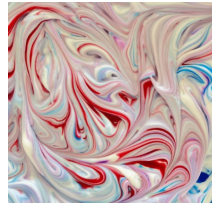
Celebrate the end of this school year's LEGO Club with a special Lego filled evening! The kids will enjoy a pizza dinner, Lego crafts and activities and a fun lego challenge build!!

Grades K thru 6th  
 \$30 per child / \$55 for 2 children



## Art with Angelina

**Grades K-2**  
**Thursday, May 2nd**  
**3:30-5:00pm**  
**Tie Dye Art!!**



Sign up with Angelina Brodie to create fun and interesting art pieces on canvas. Students will use different techniques to fuel their creativity.

Fee: \$20M/\$25NM

*\*goArt!*

## Kids Pour Painting Class

**Tuesday, May 14th**

**3:30pm-5:00pm - Grades K-3**

Pour Painting is so much FUN! Pour painting is a fun creative painting method that gives you an amazing and different art piece each time you create. Kids will learn two techniques of pour painting in this class. This abstract art is for all skill levels! Register by May 6th.

Fee: \$20M/\$25NM

*\*goArt!*

## NAILED IT! Cupcake Challenge

**Spring Flowers and Bees**  
**Saturday, April 27th**

**Grades 2-6 9:00am-11:30am**



Let's have some cupcake decorating FUN! Join in a fun spirited cupcake decorating challenge. Learn or perfect techniques for piping, edging, flower making, smoothing, and more.

**Register by April 20th . Class fills quickly!**

Fee: \$30M/\$35NM

## Garden Stepping Stone

**Wednesday, May 29th**

**3:30pm-5:00pm**

**Grades 2-6**



Make a beautiful stepping stone using concrete, mosaic tiles and glass pieces. We will show you how to create a fun design, as well as, mix the concrete and pour it into the mold. With a little hard work and creativity you will have a fun piece to display in your garden.

Fee: \$20M/\$25NM

## LEGO BUILDING CLUB

**Sr. Lego Club Grades 3 - 6 Jr. Lego Club Grades K - 2**

Build a Lego creation using our blocks. Kids are challenged with a themed project each session. While applying creativity and engineering skills, participants have fun mastering their project. Cost: \$12M/15NM

## KIDS CRAFT TIME

Does your child love to craft or be creative? Sign them up for one of the craft days below, right after school! Classes run 3:30 pm - 5:00 pm. Transportation from school is available. All supplies included.

Grades K-6.

Theme	Sr. Lego	Jr. Lego	Time	Date	Project	Cost M/NM
Build a Zoo	April 10	April 24	3:30-5:00pm	April 17	Fun with Popsicle Sticks	\$15/\$20
Lego Garden	May 1	May 22	3:30-5:00pm	May 7	Mothers Day Project	\$15/\$20
Free Build	June 5	June 6	3:30-5:00pm	June 11	Fireworks!	\$15/\$20



# Laser Cut Wood Crafting for Kids

## Tuesday, March 19th

### 3:30pm-5:00pm

Using Laser Cut wood pieces and paint, Kimberly Palmer will walk the students through each step to create a Bunny shelf sitter. All supplies are included. Grades 2-6.

**Register by March 14th.**

Fee: \$20M/ \$25NM



# TUTORING

Tutoring is available throughout the year to help your student when classes get tough. Open 2:30 pm to 8:00 pm Monday thru Friday, by appointment only. Call 494-1621 and speak with Amy to register and schedule sessions. Cost dependent on needs.

# MUSIC LESSONS

Piano - Guitar - Harp



Half hour lessons are offered on Mondays or Thursdays. Instructed by Deborah Sorenson. Please call for availability. Cost is \$25M/\$27 NM per person, per lesson. Sibling discount available. **For ALL AGES**

# STORY TIME

## Wednesdays at 10:30 a.m.

Each week join Marilyn Pocock for story hour in the Community Room! Children will enjoy entertaining stories, activities, and a snack! Appropriate for children ages 2+ with a parent/caregiver. Storytime follows the BBCSD School Calendar. No registration necessary.



The Gillam Grant First Lego League Team "Go Fish" finished up their season on February 10th at Buffalo Nichols School where they competed in the Finger Lakes First Lego League Championship Tournament. They placed 10th in the Robot Challenge against a very strong field of competitors. Congratulations to this young team for all the hardwork they put into the season. Thank you to the Coaches that guided them on this journey. Team Members: Evan Coolidge, Chase Richardson, Molly Yerdon, Joel Deleo, Ian Bannister, Caleb Herrmann, Grant Kuipers, Liam McAllister, Christian Perkins and Owen McAllister. Coaches: Vicki Kuipers, Chris Deleo & Les Kuipers **THANK YOU** to the following businesses for their support of the 2023-2024 First Lego League Challenge



**Program Registration Policy** Registration and payment with GGCC is required one week prior to the program, unless otherwise indicated. GGCC reserves the right to cancel programs for any reason including lack of participation. Gillam-Grant adheres to a no-refund policy unless otherwise indicated specific to a program. Gillam-Grant reserves the right to charge a \$40 returned check fee.

**Save The Date**

Gillam-Grant Community Center

# LUAU Gala

**AUGUST | 24 | 2024**

Save the date for an amazingly FUN evening to remember. Silent Auctions, Live Auction, and Entertainment by the band *Something Else*.

6966 West Bergen Rd, Bergen NY  
Gala Tent Located Behind the Center

All Proceeds Benefit the Community Center

## MARTIAL ARTS PROGRAM

### Saturdays - 10 Week Sessions

Karate, a martial art, promotes physical fitness and gives improved coordination, builds confidence and self esteem. Karate promotes discipline and mental focus and is a fun activity for the whole family. Open to all ages 5 through adults. Held at Byron-Bergen Elementary Gym. Instructed by Hanshi Cyndy Jones.

Spring Session Dates: March 9, 16, 23 April 6\*,13, 20, 27 May 4, 11, 18. **\*Please Note: April 6 Session will be held at Gillam-Grant.**

Late Registrations accepted.

Class Name	Time	Fee M/NM
Beginner 5 & 6	11:00am - 11:50am	\$60/\$70
White/Yellow/Orange/Jr. Green	11:00am - 11:50am	\$60/\$70
Green/Brown/Blue	11:00am - 11:50am	\$60/\$70
Black Belts	10:00am - 10:50am	\$60/\$70
Kali (stick)	9:00am - 9:50am	\$60/\$70
Iaido (sword)	12:00pm - 12:50pm	\$60/\$70
Jeet Kune Do/Kung Fu	8:00am - 8:50am	\$60/\$70

## YIN YOGA

Yin Yoga is low impact stretching that targets the fascia and other deep connective tissues. Poses are held 3-5 minutes and will mainly be performed on the ground. We will concentrate on the target areas and allow your body to bend and curve the way it naturally wants to. This class is recommended for anyone who is able to remain still and relax into the positions for extended periods of time. The class will begin with meditation and end with savasana (supine position). Participants must bring a yoga mat and water and are encouraged to bring any props that will help them deepen their practice.

Session/Dates	Day	Time	Fee M/NM
Spring Session 1: 4/10/24-5/15/24	Wednesday	9:30am-10:30am	\$42/\$52
Spring Session 2: 5/22/24-6/26/24	Wednesday	9:30am-10:30am	\$42/\$52

### WALK-IN FITNESS

WALK-INS AVAILABLE ONCE MINIMUMS ARE MET  
\$10M/\$12NM per class

## HIIT Cycling (High Intensity Interval Training)

Bursts of effort integrated with free weight segments and followed by recovery, these rides challenge the mind and strengthen your body inside and out. Expect a new class and a new playlist every time!

Session/Dates	Day	Time	Fee M/NM
Spring Session 1: 4/9/24-5/14/24	Tuesday	6:00pm - 6:45pm	\$42/\$52
Spring Session 1: 4/11/24-5/16/24	Thursday	6:00pm - 6:45pm	\$42/\$52
Spring Session 2: 5/21/24-7/2/24	Tuesday	6:00pm - 6:45pm	\$42/\$52
Spring Session 2: 5/23/24-6/27/24	Thursday	6:00pm - 6:45pm	\$42/\$52

## VINYASA "FLOW" YOGA

This gentle vinyasa practice focuses on the breath. Class begins with meditation and then moves into a 40 minute, soft flow vinyasa practice. This consists of flowing movement in coordination with the breath. You will finish in savasana and reflect on the practice. Vinyasa yoga is great for beginners because the practice is very fluid, combining poses in sequences that focus on linking breath to movement. Participants should bring a yoga mat and water and are encouraged to bring any props that will help them deepen their practice.

Session/Dates	Day	Time	Fee M/NM
Spring Session 1: 4/10/24-5/15/24	Wednesday	6:00pm -7:00pm	\$42/\$52
Spring Session 2: 5/22/24-6/26/24	Wednesday	6:00pm- 7:00pm	\$42/\$52

## Tai Chi Quan

**This gentle exercise can be done standing or seated.**

Join Certified Instructor Heidi Kaiser for this class which focuses on seniors or those with mobility difficulties. It is an ancient Chinese form of exercise designed to maintain and improve flexibility, strength, and balance. It is also known to improve mental relaxation and alertness.

Session/Dates	Day	Time	Fee M/NM
Spring Session 1: 4/11/24-5/16/24	Thursday	9:30am-10:30am	\$42/\$52
Spring Session 2: 5/23/24-6/27/24	Thursday	9:30am-10:30am	\$42/\$52

# PRE-SCHOOL PROGRAM

Registration is now OPEN

Early Pre-School (3-4 year olds) Pre-School+ (4- 5 year olds)

The Gillam-Grant Pre-School is a non-profit educational program for 3 and 4 year old's. We offer both Early Pre-K for 3 year old's and Pre-School+ for 4 year old's. Our focus is to provide a quality program that gives each student a strong start in school & life. Our program grows as your child grows.

The Pre-School+ class is challenged with more advanced learning opportunities & experiences, setting the students up for success in Kindergarten. Call for registration forms.

6966 West Bergen Rd.  
Bergen, NY 14416

Non-Profit Organization  
U.S. Postage Paid  
Permit #17  
Brockport, NY 14420

# BOXHOLDER

# SUMMER DAY CAMP Is Back!

<b>Week 1</b>	<b>JULY 8-12</b>	<b>WILD ADVENTURES</b>
<b>Week 2</b>	<b>JULY 15-19</b>	<b>CRAZY CIRCUS</b>
<b>Week 3</b>	<b>JULY 22-26</b>	<b>IMAGINATION FACTORY</b>
<b>Week 4</b>	<b>JULY 29-AUG 2</b>	<b>BEACH VIBES</b>
<b>Week 5</b>	<b>AUGUST 5-9</b>	<b>LIFE'S A BLAST</b>
<b>Week 6</b>	<b>AUGUST 12-16</b>	<b>STEMtastic FUN</b>

**Monday thru  
Friday  
9:00am to  
3:00pm**

**Before & After Camp Chill  
Time is available.**

# PRE-SCHOOL DAY CAMP

<b>JULY 8-12</b>	<b>DINOSAURS</b>
<b>JULY 15-19</b>	<b>CIRCUS</b>
<b>JULY 22-26</b>	<b>DOWN ON THE FARM</b>
<b>JULY 29-AUG 2</b>	<b>UNDER THE SEA</b>
<b>AUG 5-9</b>	<b>OUT OF THIS WORLD</b>
<b>AUG 12-16</b>	<b>EXPLORING SENSES</b>

Registration opens March 18th.  
**REGISTRATION DEADLINE IS APRIL 26TH.**  
Registration after this date is possible, if we have space available. Our program will be designed to accommodate the registrations completed by April 26th.

**Ages 3-5. 2 sessions per day. 9:00am - Noon & Noon to 3pm. Monday - Friday. Each Pre-School Camp week revolves around a theme while providing a fun and educational experience. AM & PM camps will have different activities planned.**